



Turnagain
COMMUNITY HEALTH

A new identity for the Girdwood Health Clinic

SMART Recovery

Support Group

Led by Malika Moretti, LCSW



No Registration

No Fees

SMART Recovery is a science-based support group for individuals seeking help with substance use or other addictive behaviors. This support group emphasizes self-empowerment, practical coping skills, and personal choice, rather than a one-size-fits-all approach.

Participants learn evidence-based tools to:



Address unhelpful thoughts and emotions



Manage cravings and urges



Build a balanced and meaningful life

Non-judgmental, Inclusive, and Collaborative



Every Thursday



5PM-6PM



131 Lindblad Ave
Girdwood, AK

**Contact us
for more information**



TurnagainCommunityHealth.org



(907) 783-1355